

COURSE MENU

CATHOLIC LEADERSHIP FORMATION JOURNEY

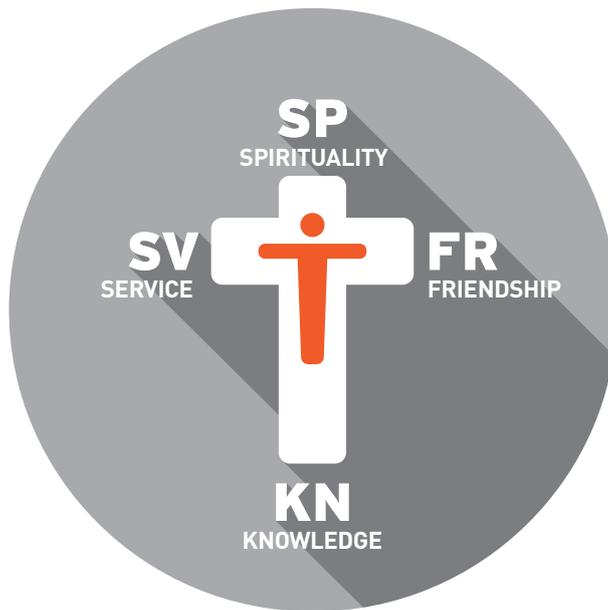
Graduates of The Catholic Leadership Academy are equipped to establish a dynamic, effective and sustainable youth ministry platform in their parish/diocese, under the guidance of their clergy.

So that more young people can truly encounter Christ and develop a lifelong relationship with Him.

Every component of our Catholic Leadership Formation Journey is designed to ensure our graduates are as successful as possible in establishing a youth ministry platform when they return home.

A FRESH NEW MINISTRY MODEL

We teach an innovative yet simple model for youth ministry that works. It outlines a platform for young people to truly experience and express their faith and through this draw closer to Jesus Christ.



TRULY CENTERED ON JESUS CHRIST

Jesus Christ is firmly at the centre of the model ensuring our leaders remain constantly aware of their primary role; which is, to create the space for young people to truly encounter Jesus Christ.

01 HOLISTIC BALANCE

The model has four pillars: Knowledge, Spirituality, Service & Friendship. Positive tension between the pillars ensures that the platform is holistic and balanced and appeals to the wide variety of needs.

02 FULLY ADAPTABLE

The model can be applied successfully in absolutely any context by responding to the needs and preferences of the young people in that context, and through careful use of available resources.

03 ONGOING SUSTAINABILITY

The model is designed to ensure sustainability. By encouraging maximum leadership involvement, the load is shared and as leaders move on, the right individuals are equipped and ready to take over.

04 EVENT BASED

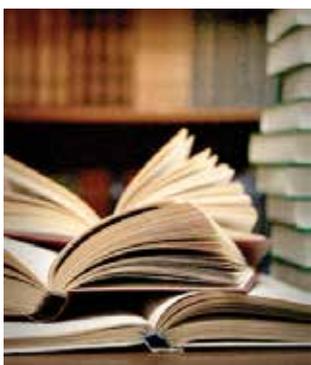
The platform is expressed as a series of diverse and attractive events. The events are what bring young people together creating the space for encounters with Christ and each other.



LEADERSHIP

Christ is our example of the ultimate leader. Our belief is that good leadership is NOT simply the result of knowing leadership theory. Everything we do on our Catholic Leadership Formation Journey is designed to holistically improve the leadership capacity of the candidate. We focus on the five main areas below (in orange), emphasising genuine relationship with Christ, as the essential foundation.

WE DO COVER SOME LEADERSHIP THEORY, FOCUS AREAS HERE INCLUDE: Self Leadership / Christ as a Model of Leadership / Knowing and Utilising Styles of Leadership Appropriately / Leadership Methodology e.g. Situational Leadership / Being an Influential Leader / Building a Leadership Team / Leading Teams / Conflict Resolution / Communication / Practical Leadership Tasks & Challenges with Thorough De-briefs / Exposure to Church & Secular Leaders



KNOWLEDGE

Knowledge of our faith and Christ's teaching is critical to the leader's ability to lead others to Christ.

FOCUS AREAS INCLUDE:

- Who is Jesus Christ
- What is The Church
- Salvation History
- Church History
- What is The Trinity
- Heroes of The Faith
- Basic Philosophy
- Reading & Loving Scripture
- Theology of The Body
- Family
- Grace & Sin
- Apologetics
- Sacraments
- Liturgy
- Catholic Spirituality
- Understanding the Creed
- Hot Button Topics



SERVICE

Informed by the principles of Catholic Social Teaching, we challenge our leaders to understand their role in the world, in creation and in the lives of all people.

FOCUS AREAS INCLUDE:

- Living The Catholic Social Teaching
- Practical Work and Experience



YOUTH MINISTRY

Youth leaders need to have the knowledge and tools to minister to young people.

FOCUS AREAS INCLUDE:

- Evangelisation (Mission vs Maintenance)
- Why do Youth Ministry?
- Basic Psychology
- Life Stages
- Relational Ministry
- Catholic Leadership Academy
- Model of Youth Ministry
- Working with Clergy
- Working in Church Structures
- Running Youth Events
- Active Listening
- Marketing
- Communication
- Finance & Fundraising

WHY LEADERSHIP?

We are passionate about developing leaders because we believe that with improved lay leadership, the Catholic Church can become more fully alive and better achieve her mission of evangelisation.

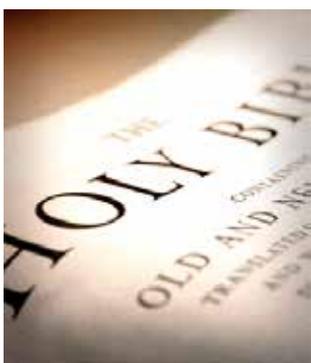


PERSONAL DEVELOPMENT

Healthy self knowledge allows us to recognize our gifts, wounds and limits, freeing us to lead with greater authenticity.

FOCUS AREAS INCLUDE:

- Self Awareness
- Self Leadership
- Living an Authentic Life
- Reflection Tools



SPIRITUALITY

Every person is called to be in relationship with Jesus. The pursuit of this relationship is the foundation of our course. It contextualises the other elements, which in turn enrich our relationship with Christ, inspiring an authentic and sustainable action and reflection response.

FOCUS AREAS INCLUDE:

- Discernment / Spiritual Direction / Methods of Prayer / Relating to Mary / Bible Study / Regular Holy Mass & Reconciliation / Eucharistic Adoration / Spiritual Reading / Five Day Spiritual Retreats / Spiritual Role Models





COURSE LEADERS

The course will be led by Tim Harris (Co founder and Director) and Franci Williamson (Course Director). Both Tim and Franci have extensive experience in Catholic youth leadership and have lead thriving youth ministry platforms for a number of years, in parish and senior school contexts respectively.

COURSE EXPERIENCE

Our Catholic Leadership Formation Course is as exciting as it is valuable. With an equal emphasis on academic, practical and spiritual formation candidates can expect a highly interactive and inspiring journey as we explore every critical topic in an innovative student focused manner.

CLERGY COLLABORATION

Successful youth ministry happens when youth leaders work well with their priests. From day one, our candidates are required to communicate with their clergy at home. This ensures that there is a healthy relationship based on understanding and mutual trust and that the youth leader is well supported in the work they have been prepared for.



OUR APPROACH

Our Catholic Leadership Formation Journey is designed to be rigorous and transformative. Our approach to training is progressive, incorporating as much practical expression of the theory as possible. The course experience is designed creatively to engage the candidate in unexpected ways that enhance their learning. We also insist on the practice of regular self reflection as the journey unfolds. This ensures our candidates become aware of and responsible for their own growth, resulting in high level of confidence upon their return home.

ACCOMMODATION

Candidates will be hosted by a local Catholic family and will be fully integrated into the parish of St Micheal's in Rondebosch, Cape Town for the duration of their stay.

CONTENT PRESENTERS

We bring in a range of top lay and clerical experts to address the array of topics and concepts we cover. This gives our candidates an exciting exposure to a multitude of individuals from all kinds of backgrounds and with all kinds of experience.

ASSESSMENT

Candidates are required to build up a portfolio of evidence as a record of all the practical components of the course. They are also assessed continuously by the course leaders and will be given regular personal feedback as they progress. At the end of the course, a written report will be compiled for the candidate and their priest.

SOME HIGHLIGHTS INCLUDE:

Hiking on Table Mountain / Robben Island / Kirstenbosch Gardens / Inner City & Township Experience / Winelands / Beaches / Forests / Five Day Retreats (X2) / Cape Point Nature Reserve / V&A Waterfront / Peninsula Tour / Galleries / Cathedrals / Museums

THE SETTING

Officially we are based at the parish of St Michael's in Rondebosch. It is our HQ and our refuge. Yet leaders were not made for the indoors, and so we challenge ourselves to use what surrounds us to enhance our training. We turn our city into a lecture room and our highways into group discussion settings. With a backdrop of mountains, sea and midnight sky, we are blessed to offer Cape Town in all its natural, cultural and historical significance as the ideal setting to meet Christ and take Him back out to the world.

THE CATHOLIC LEADERSHIP ACADEMY

SUPPORT

We offer customised support to each candidate once they have returned home to execute their ministry plan. After a year of successful ministry, graduates of the course are inducted into the CLA Alumni Network which offers ongoing support.



APPLY NOW:

Web: www.catholicleadershipacademy.com
Apply: www.catholicleadershipacademy.com/apply
Email: tim@catholicleadershipacademy.com

DATES:

- 10 Sep - 10 Dec 2017
- 11 Mar - 10 Jun 2018
- 12 Aug - 11 Nov 2018